

### **Opening Blessing**

In the Name of the Father, and of the Son, and of the Holy Spirit. Amen.

### **Glorification of God**

Glory to Thee, our God, glory to Thee!

### **Invocation of the Holy Spirit**

O Heavenly King, O Comforter, the Spirit of Truth, Who art in all places and fillest all things; Treasury of Good things and Giver of Life, come and dwell in us, and cleanse us from every stain, and save our souls, O Good One.

### **Trisagion (Thrice Holy) Prayers**

Holy God! Holy Mighty! Holy Immortal! Have mercy on us. Holy God! Holy Mighty! Holy Immortal! Have mercy on us. Holy God! Holy Mighty! Holy Immortal! Have mercy on us.

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever and unto ages of ages. Amen.

All Holy Trinity, have mercy on us. O Lord, be gracious unto our sins. Master, pardon our iniquities. Holy One, visit and heal our infirmities, for Thy Name's sake.

Lord, have mercy. Lord, have mercy. Lord have mercy.

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever and unto ages of ages. Amen.

### **The Lord's Prayer**

Our Father, Which art in the Heavens, hallowed be Thy name. Thy Kingdom come. Thy will be done, on earth as it is in Heaven. Give us this day our daily bread. And forgive us our debts, as we forgive our debtors. And lead us not into temptation, but deliver us from the evil one. Amen.

Lord Have Mercy Lord, have mercy. (12 times)

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever and unto ages of ages. Amen.



### **Prayer to the Guardian Angel**

O angel of Christ, holy guardian and protector of my soul and body, forgive me everything wherein I have offended you every day of my life, and protect me from all influence and temptation of the Evil One. May I never again anger God by my sins. Pray for me to the Lord, that He may make me worthy of the grace of the All-Holy Trinity, and of the blessed Mother of God, and of all the saints. Amen.

### **Prayer Before Holy Communion, by Saint John Chrysostom**

I believe, O Lord, and I confess that Thou art truly the Christ, the Son of the Living God, Who camest into the world to save sinners, of whom I am first. I believe also that this is truly Thine own most pure Body, and that this is truly Thine own precious Blood. Therefore I pray Thee: have mercy upon me and forgive my transgressions both voluntary and involuntary, of word and of deed, committed in knowledge or in ignorance. And make me worthy to partake without condemnation of Thy most pure Mysteries, for the remission of my sins, and unto life everlasting. Amen. Of Thy Mystical Supper, O Son of God, accept me today as a communicant; for I will not speak of Thy Mystery to Thine enemies, neither like Judas will I give Thee a kiss; but like the thief will I confess Thee: Remember me, O Lord in Thy Kingdom. May the communion of Thy Holy Mysteries be neither to my judgment, nor to my condemnation, O Lord, but to the healing of soul and body. Amen.

### **Prayer of Thanksgiving after Holy Communion**

Glory to Thee O God. Glory to Thee O God. Glory to Thee O God.

### **The Ten Commandments**

1. 'I am the Lord thy God: Thou shalt have no other Gods before me.'
2. 'Thou shalt not make unto thee any graven image.'
3. 'Thou shalt not take the name of the Lord in vain.'
4. 'Remember the Sabbath Day to keep it holy.'
5. 'Honor thy father and thy mother.'
6. 'Thou shalt not commit murder (kill).'
7. 'Thou shalt not commit adultery (or unfaithfulness).'
8. 'Thou shalt not steal.'
9. 'Thou shalt not bear false witness.'
10. 'Thou shalt not covet.'

## In the Church

God is full of LOVE. He always loves us.

Let's show that we love God too by being respectful in His home.

- I remember that I am entering God's home, Heaven on Earth.
- I remember to dress modestly (like the Saints).
  - Girls: Dress or Skirt, Headscarf, Long Sleeves
  - Boys: Long Pants and Sleeves
- I remember to leave my toys at home and try to pay attention to the service.
- I remember to try to follow along with the prayers.
- I remember to look at who or what is on the icon when I am venerating it.
- I remember to say a prayer when I light my candle.
- I remember to try to stay as still as I can and not walk around unless I really need to.
- I remember to prepare my heart for Holy Communion by praying, fasting, and asking forgiveness.
- I remember to Thank God for all of my blessings.
- I remember to venerate the relics with respect.
- I remember that during Holy Communion, Christ gives us His Holy Body and Blood.
- I remember that during the Divine Liturgy Angels come and pray with us!

What else can I remember?

## Prayer Book

### Preparing for Holy Communion

